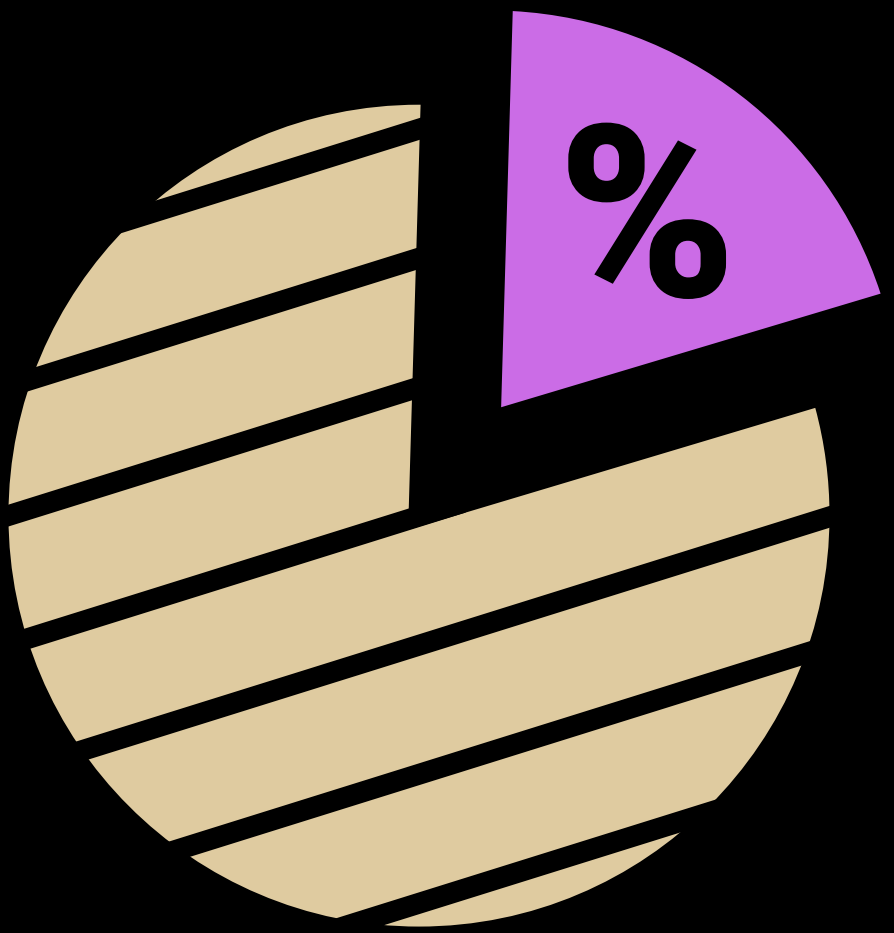


# Fibromyalgia *and* Endometriosis

I am gobsmacked, how common fibromyalgia and endometriosis together were affecting so many women... 31% of women diagnosed with endometriosis have fibromyalgia.



People who suffer from fibromyalgia and endometriosis experienced a lot of stress in the past. This stress usually begins in childhood. That wasn't only what my wife experienced, but every single woman suffering from fibromyalgia and endometriosis that I have spoken to.

HOW COMMON IS IT TO BE STRUGGLING WITH MULTIPLE MEDICAL CONDITIONS? WHEN IT COMES TO CHRONIC ILLNESS, MANY WOMEN EXPERIENCE JUST THAT.

IN THE ENDOMETRIOSIS COMMUNITY, I'VE MET MANY WOMEN WHO SUFFER FROM FIBROMYALGIA AND ENDOMETRIOSIS SIMULTANEOUSLY. I SPOKE TO THEM WHILST ATTENDING MY WIFE'S ENDOMETRIOSIS SUPPORT GROUP MEETINGS.

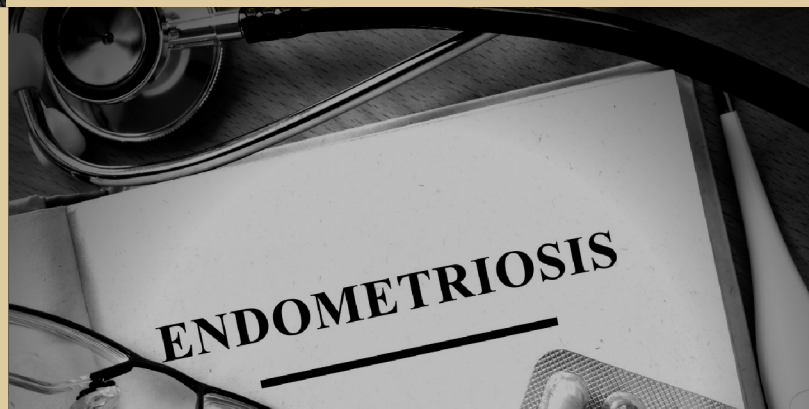


QUITE OFTEN WOMEN WITH ENDOMETRIOSIS DID NOT KNOW WHY THEIR PAIN WAS SPREADING BEYOND THE ENDOMETRIOSIS AREAS.

WIFE EXPERIENCED PAIN ON AND OFF FOR MANY YEARS, THE PAIN USED TO BE LOCATED IN HER PELVIC AREA. OVER TIME IT HAS PROGRESSED TO HER LEGS, SPINE, BECOMING WIDESPREAD. HER PAIN BECAME MORE CONSISTENT, EVENTUALLY BECOMING A DAILY STRUGGLE.

WOMEN WITH BOTH FIBROMYALGIA AND ENDOMETRIOSIS HAVE A HIGHER RISK OF HAVING OTHER AUTOIMMUNE DISEASES SUCH AS IBS AND CHRONIC FATIGUE SYNDROME, ANXIETY, OR DEPRESSION AS WELL AS MORE HOSPITALIZATIONS.

WOMEN WHO WERE DIAGNOSED WITH ENDOMETRIOSIS AFTER SURGERY REPORTED A HIGH PREVALENCE OF FIBROMYALGIA. THAT WAS THE CASE WITH MY WIFE. THE TRAUMA OF ENDOMETRIOSIS BROUGHT FIBROMYALGIA.



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