

**ENDOMETRIOSIS
BREAKS
RELATIONSHIPS**

***BUT IT DOESN'T HAVE
TO BREAK YOURS!***

**IMAGINE
YOURSELF
IN HER
SHOES**

**VALIDATE
HER
FEELINGS**

**BE A
GOOD
LISTENER**

**GIVE HER
SPACE
TO CRY**

**PRACTICE
OWN
SELFCARE**

**AVOID
STRESS
WHEN
YOU CAN**