

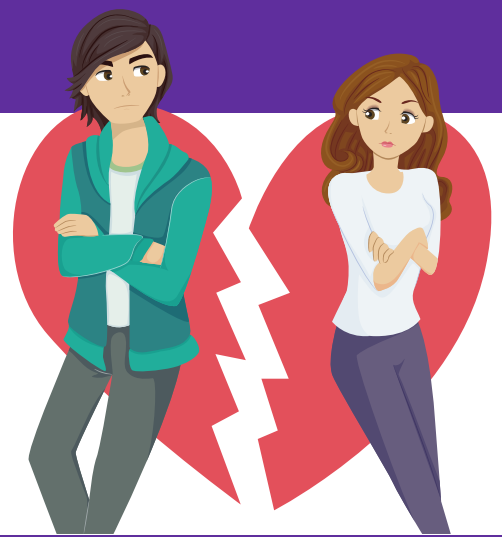
FIBROMYALGIA DIVORCE RATE

Saving your marriage from divorce

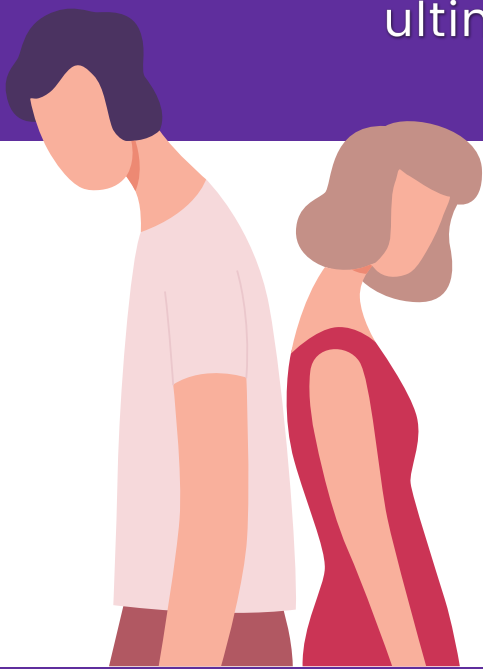


Our instinct tells us to fix things. Even though we can't fix fibromyalgia, it's still in our nature to try and do it. This is an impossible task, but not being able to fix something, makes some of us feel useless and less of a man.

Experts say that chronic illnesses increase the risk of divorce from the norm of 40-50% to as much as 75%.



Men don't express their emotions easily, it is a major problem, which leads to a lack of communication, the lack of communication leads to arguments, and ultimately, arguments lead to divorce.



- Get proper medical treatment.
- Don't put your relationship on hold.
- Talk things over.
- If something hurts, stop doing it.
- Try new things.
- Wait until she's ready.
- Change positions.
- Let her body do the talking.
- If you need more help, find it.

Fibromyalgia has been shown to negatively impact women's quality of life, but really little is known about the impact on us – male partners.

Fibro significantly impacts negatively the emotional well-being of men. Men report that fibromyalgia affects many aspects of their lives including sex and intimacy, work, and income.

There are countless blogs on the subject of fibromyalgia from the perspective of women who suffer but it's extremely rare to see their male partner's point of view.

